

Fearless Speaking Video #6 – Connection

Welcome back to the Fearless Speaking video series. Today is the sixth video and the secret I'll be sharing with you today is Connection. Of course anybody who's speaking in front of a group wants to connect, but I think most speakers think of it as through their words or their message. They think it is what they have to say or what they have to share that is important. Perhaps they want to be entertaining or inspiring, and they believe it has to do with their words.

However, it seems that if it's all about the words and crafting a speech and having a beginning, middle and end, then something is left out. I think that this something has to do with connecting person-to- person, heart-to-heart.

This is why this is a secret to me. It is because Connection happens with a lot of the other secrets that I've already been sharing with you. Learning to be quiet inside (#1), available in the moment (#2), making your eyes available (#3), listening to yourself (#4), and being in a positive regard for your listeners (#5).

Connection then is much easier to do when you're looking out at an audience, at your listeners and seeing what you like about them. Then there is something that you're able to connect to. As opposed to some critical thoughts that you might imagine that they may be thinking about you. What I'm suggesting here again is to be noticing, paying attention to the qualities and people who are listening to you. Listen to the best qualities, to the good qualities, and that will make it so much easier for you to connect.

The other thing that I want to say about Connection is that it's one person at a time. It's as if you are having a conversation with just one person. When you do that, and when you plug in to one person at a time, you can see how it goes back to the secret of listening and paying attention to one person.

That's where the electricity comes, that's where Connection is, that is where people start feeling like they are involved with you. And this is where you feel connected to them. And of course you do this listening with your eyes, which are always welcoming and open gentle and kind.

Connecting one person at the time, lingering staying with one person and perhaps completing a whole thought is what I'm suggesting here for this kind of Connection.

The secret is that it is not about the words, it's about you! It is not about the message, it's about you, the messenger!

Speaking about you... that leads us to tomorrow, the final secret that I'll be sharing with you, which is to Be Yourself. Now how is that a secret? Let me show you.